

My Care Record



**Better co-ordinated
and seamless care**



**Quicker diagnosis
and treatment**



**Fewer unnecessary
clinical tests**



**Less paperwork
and less repetition**



**More time to spend
on clinical care**



**More accurate
prescriptions**



**Better health and
care planning**

Member update September 2021:

Adult Social Care are preparing to launch our public campaign across Essex, that we are part of My Care Record – a new approach to sharing information between health and care organisations.

What is My Care Record? My Care Record is an approach to improving individual care by joining up health and care information. Health and care professionals will be able to view an adults' health or care record from other approved, My Care Record, organisations when it is needed for delivering care. For example, a hospital doctor, community nurse, or social worker involved in an Adult's care will be able to view the information they need from that Adults GP record.

Why is this happening? The sharing of key health and care information can support quicker diagnosis and treatment, better and more informed decision making by health and care professionals and reduce the need for individuals to repeat their "story" to every health and care professional they meet.

What does this mean for Essex residents? For the Adult receiving care their experience should feel more joined up, better co-ordinated and with less repetition. This means that if someone already receives care through Essex County Council relevant information will be shared with other organisations, such as their GP, local hospital, or care provider, improving the service they receive.

What does this mean for Essex Adult Social Care Practitioners? Access to the information they need will be rapid, secure and avoid unnecessary administrative barriers. Their focus can be on the Adult rather than chasing after information via phone calls and emails. My Care Record digitises the sharing of this information.

What Information will be shared? Initially Adult Social Care will be sharing an individual's, name, address, D.O.B, etc as well as summary level details of their care plan e.g., the type of service being received, frequency, name of care provider. We are not planning on sharing everything at once as some of the data we hold is either not relevant to be shared, sensitive or needs to be quality checked before sharing.

When will this begin? ECC already receive some information from health organisations but plans on beginning to share information through the Health Information Exchange (HIE) by December 2021.

Will all of Essex have coverage of full health and care data sharing at the same time? The change will happen over time as organisations upgrade their systems, but the aim is for Health and Social Care across Essex to have a view of each other's data by Spring 2022.

What if residents do not want their information to be shared? People will be able to "opt out" but we are encouraging all residents to really consider the benefits of health and care professionals being able to share relevant information so that better and more timely health and care decisions can be taken for the individual.

What are the plans for the Campaign? Every organisation that joins My Care Record must complete a campaign to inform people they work with about this change so you may have already seen posters and social media posts (specifically in GP surgeries and hospitals). For the ECC campaign we will be focused on those residents that already have an Adult record with us so ECC will be:

- Sending a letter to all Adults with a record on Mosaic (our social care management system) to tell them about My Care Record
- Rolling electronic posters in the Essex libraries
- Social Media updates – this will provide information to the general public as a reminder as well

The campaign will last for a minimum of 12 weeks and will begin on **23rd September 2021**

Do I need to do anything as an ECC Councillor? Supporting your residents to understand the benefits of My Care Record when you speak with them, supporting us to reduce the number of people who choose to “opt out” and continuing to advocate for ongoing developing of My Care Record to increase the numbers and types of care organisations that join.

Where can I find out more? There is more information at [My Care Record - Home](#). The My Care Record website includes accessible versions of the My Care Record information as well as additional FAQs